Super Simple Spaghetti Sauce





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* **Prep Time:** 5 mins
* **Total Time:** 20 mins
* **Serves:** 4, **Yield:** 2 cups

Ingredients

* + 1 cup diced tomatoes
	+ 1 cup tomato sauce
	+ ¼ cup tomato paste
	+ 1 tablespoons sugar ( please adjust to your taste)
	+ 1/4 teaspoon basil
	+ 1/4 teaspoon oregano
	+ 1/4 teaspoon black pepper
	+ 1/4 teaspoon salt
	+ 1/2 teaspoon crushed red pepper flakes ( please adjust to your taste)

Directions

1. Throw it all in a sauce pan, stir, simmer, cover and continue to simmer for 15-20 minutes.
2. Season again to taste.
3. \*\*if you like a spicy sweet sauce -- so please adjust the sugar and crushed red to your liking\*\*.
4. Enjoy!